

Paddling in Vermont State Parks



NORTHWEST PARKS		Water Body	Day Use	Boat Rentals	Paddling Type
Alburg Dunes	Lake Champlain	•	•	Large Lake	
Burton Island	Lake Champlain	•	•	Large Lake	
Grand Isle	Lake Champlain	•	•	Large Lake	
Kill Kare	Lake Champlain	•	•	Large Lake	
Knight Island	Lake Champlain	•	•	Large Lake	
Knight Point	Lake Champlain	•	•	Large Lake	
Lake Carmi	Lake Carmi	•	•	Large Lake	
Niquette Bay	Lake Champlain	•	•	Large Lake	
North Hero	Lake Champlain	•	•	Large Lake	
Sand Bar	Lake Champlain	•	•	Large Lake	
Woods Island	Lake Champlain	•	•	Large Lake	
NORTHEAST PARKS					
Boulder Beach	Lake Groton	•	•	Medium Lake	
Brighton	Island Pond	•	•	Large Lake	
Crystal Lake	Crystal Lake	•	•	Medium Lake	
Elmore	Lake Elmore	•	•	Small Lake	
Green River Reservoir	Green River Reservoir	•	•	Medium Lake	
Kettle Pond	Kettle Pond	•	•	Small Pond	
Little River	Waterbury Reservoir	•	•	Medium Lake	
Maidstone	Maidstone Lake	•	•	Medium Lake	
New Discovery	Osmore Pond	•	•	Small Pond	
Ricker Pond	Ricker Pond	•	•	Small Pond	
Stillwater	Lake Groton	•	•	Medium Lake	
Waterbury Center	Waterbury Reservoir	•	•	Medium Lake	
SOUTHWEST PARKS					
Bomoseen	Lake Bomoseen	•	•	Large Lake	
Branbury	Lake Dunmore	•	•	Large Lake	
Button Bay	Lake Champlain	•	•	Large Lake	
Emerald Lake	Emerald Lake	•	•	Small Lake	
Half Moon Pond	Half Moon Pond	•	•	Small Pond	
Kingsland Bay	Lake Champlain	•	•	Large Lake	
Lake St. Catherine	Lake St. Catherine	•	•	Large Lake	
Shaftsbury	Lake Shaftsbury	•	•	Small Lake	
SOUTHEAST PARKS					
Camp Plymouth	Echo Lake	•	•	Medium Lake	
Jamaica	West River	•	•	Quickwater & Whitewater	
Silver Lake	Silver Lake	•	•	Small Pond	
Wilgus	Connecticut River	•	•	Quickwater and Flatwater	

Note: Lake Champlain is a very large body of water and wind and waves are common. Conditions can change very quickly on the lake. Only accomplished paddlers should attempt paddling far offshore.