



REEL FUN!

Fishing in Vermont State Parks

Fishing in Vermont State Parks Reel Fun for All Ages and Anglers!

Vermont has some of the highest-quality and most-diverse freshwater fishing opportunities in New England with great fishing to offer at most Vermont State Parks.

Forty-six of Vermont's state parks have fishing opportunities directly on site or within a short walk. And, the remaining six parks have fishing opportunities within a 5-mile drive.

We hope you will consider taking advantage of the phenomenal fishing that Vermont State Parks have to offer.

New to fishing? No fishing gear? No worries – we've got you covered!

Several Vermont State Parks offer "Let's Go Fishing" clinics where trained instructors teach and encourage beginners how to fish. The instructors teach fishing skills, how to use different types of tackle, the importance of good aquatic habitat, fishing ethics and fishing regulations.

Some Vermont State Parks are also participating in the "Reel Fun" initiative, a cooperative effort between Vermont Fish & Wildlife and Vermont State Parks to provide loaner fishing equipment—including rods, reels, line and tackle as well as guides to the local fishing—to help provide park visitors instant access to the sport of fishing.

Additionally, Vermont State Parks offer a range of rental boats for anglers to use including rowboats, canoes, kayaks and pedal boats.

Visit the contact station at your state park to find out more about how you can get started on a Vermont fishing adventure!



Tips on handling and releasing fish

While harvesting and eating freshly caught fish is an enjoyable part of the angling experience, catch and release angling can also be a rewarding pastime. In certain instances, regulations may actually require you to release your catch (see Vermont Fish & Wildlife Regulations Guide). Using the proper techniques when releasing fish will help ensure the fish will survive to be caught again. Here are some tips:

- Don't play the fish to complete exhaustion.
- Minimize the fish's time out of the water. If at all possible, keep the fish in the water while you remove the hook.
- Consider pinching down the barbs on your hooks to make hook removal much easier.
- If the fish is hooked deep in the throat, gills, or stomach, simply cut the line close to the fish's mouth. The fish may have a good chance of surviving, and the hook will eventually rust out.



Elmore State Park



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