

Ingredients

I pound ground pork for every 3-4 people, depending on their appetites Shallot, red onion or scallion, minced Cilantro, minced Salt Black pepper Lime juice and zest Cumin

A NICE, SIMPLE MEAT DISH
THAT CAN BE SERVED OVER
RICE AND BEANS, MASHED
SWEET POTATOES, GRITS,
OR WHATEVER OTHER STARCH
YOU HAPPEN TO HAVE. I
AM PRETTY PICKY ABOUT
WHERE I GET GROUND MEAT,
BUT VERMONT HAS MANY
AMAZING FARMS, AND THEY
SELL SOME DELICIOUS PORK
MADE FROM HERITAGE BREED
PIGS.

Directions

1. Mix all ingredients.

2. If you wish, you can cook a small bit of meat, taste it for seasoning, and adjust the seasonings before you cook the whole batch.

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3. Form the meat into meatballs of whatever size you'd prefer

4. Cook in a pan with a little oil, or on a piece of foil with the edges turned up, over fairly high heat.

5. When the first side browns, turn the meatballs.

6. They're done when the meat is no longer pink.